



# Vhenekai Davira

07425604873 | E: vhenekaisdavira95@gmail.com

Flat 11 St Margarets Court Church Lane, Newcastle , Staffordshire ST5 0 TG

## PROFESSIONAL SUMMARY

An ambitious and enthusiastic health care assistant currently doing domiciliary care looking forward to work in a care home where I can be able to gain experience, study further and be able to work as a nurse. I have good communication, observation and critical thinking skills.

## SKILLS

- Compassionate care giver
- Exceptional communicator
- Elderly care
- Personal care
- Medication administration
- Safeguarding knowledge
- Meal preparation

## WORK HISTORY

### HEALTH CARE ASSISTANT

09/2022 – CURRENT

#### Promises of care | Stoke on Trent , Staffordshire

- Met with patients and families to discuss care plan adaptations, seeking continual improvement and development.
- Assisted in all aspects of personal care, retaining comfort and dignity.
- Prepared healthy meals with additional mealtime planning, feeding and support.
- Built patient confidence through physical exercise, promoting positive lifestyle changes and improved wellbeing.
- Demonstrated consistent respect and privacy for care users, maintaining dignity irrespective of circumstance.
- Prepared healthy meals and delivered feeding support.
- Ensured safe, secure living conditions for service users, reducing risk and enhancing quality of life.

### SENIOR CARE ASSISTANT

06/2022 – 08/2022

#### Comforting Hands Recruitment | Harrogate , North Yorkshire

- Administered medications in line with care plans and nursing team guidance.
- Promoted dignity by assisting residents with limited mobility to complete personal care, including washing and dressing.
- Worked professionally with caregiving teams and hospital departments to maintain continuity of care.
- Supported numerous individuals in maximising physical, intellectual, emotional and social capabilities through individualised care plans.
- Maintained optimal safety standards throughout client home and care environments, prioritising risk-reduction, health and hygiene.
- Met with patients and families to discuss care plan adaptations, seeking continual improvement and development.
- Assisted in all aspects of personal care, retaining comfort and dignity.

### REGISTERED NURSE

01/2019 – 06/2022

#### Supreme health care | Harare , Harare

- Administered medication with meticulous attention to detail.
- Monitored patient vitals and necessary signs.
- Worked closely with fellow nurses, doctors and clinicians for consistent communication and continued best care practices.
- Delivered diagnostics, treatments and rehabilitative support services.

### REGISTERED NURSE

09/2020 – 01/2021

#### Multi care Medical clinic | Bulawayo , Bulawayo

- Implemented and updated treatment plans in collaboration with doctors.
- Assisted doctors and other nursing staff.
- Interviewed patients to obtain medical information and measure vital signs, weight and height.
- Delivered high-volume vaccinations and seasonal clinics.

## EDUCATION

### Diploma in General Nursing | Nursing

01/2016

#### United Bulawayo Hospitals , Bulawayo , Bulawayo