Rosa Farai Randazha

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Objective

Professional, well mannered, innovative, polite and a challenge seeking individual, sympathetic, empathetic and curious when dealing with subjects at hand, works well under pressure.

Key Qualifications

- Wide experience in providing care and comfort to the elderly
- Excellent grasp of basic caregiving procedures
- Good ability to maintain all relevant safety standards
- Strong knowledge of private facility caregiving practices
- Superior ability to work independently
- Outstanding skills in coordinating with other professional staff
- Great skills in identifying potentially unsafe conditions and situations
- Sound basic housekeeping abilities, including cleaning, cooking, and laundry

Work Experience

Health Care Assistant February 2021-Present
Live Well Care Home (Bryanston)

- Assisting Registered Nurses in day-to-day activities optimizing the best patient care available Involved in the general housekeeping of the facility so as to maximize hygiene and reduce pathogenic infections
- Aiding staff in the hospital kitchen for the preparation of nutritious and delicious balanced meals that are essential for the rapid recovery of patients.
- Assisting with body washing toileting of bedridden patients
- Optimizing patient care by providing companionship to depressed service users.
- Assisting with feeding and monitoring intake to help patients achieve nutritional objectives and recording amounts consumed in a logbook

Caregiver To An Elderly Man August 2019 -February 2021
Private Home

- Provided companionship - including assistance with walking, cleaning and meal preparation Assisted in giving medication and taking client to their scheduled doctor appointments
- Provided housekeeping tasks, running errands, bathing and grooming
- Looked after the cleanliness and health of the client and their environment in the best possible manner Maintained accurate records of patient care, condition, progress and concerns
- Assisted client with bathing, oral hygiene, grooming, feeding and elimination
- Monitored expiration of medical supplies and medications

- Contributed to a positive living environment to enhance client's quality of life.

High School Education

2005 - 2009 Mabvuku High School

- 5 Ordinary Level passes

Florence Academy (UK) 07/11/2022

Certificates

- Level 1 Basic Life Theory
- Catheter care
- First Aid
- PEG Feeding
- Medication Administration
- Caring for Someone with Epilepsy

Education

People's College (Harare)

- Diploma in Cosmetology January 2015

Skills

- Time management
- Compassion
- Effective communication skills
- Observation skills
- Attention to detail
- Team player mentality
- Organization skills
- Empathy
- Patience
- Housekeeping skills
- Art therapy

IELTS UKVI General

- Overall Band 6.5

TB Test

- Negative

Police Clearance

- No Criminal Record

References

Available upon request.