**MUHIDEEN BAMIDELE (BNSc,RN)**



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**PROFESSIONAL SUMMARY**

Impact-driven Registered Nurse with proven experience in delivering high-quality nursing care to Elderly people. Possess a superior knowledge of the nursing process, professional standards of nursing, and a track record of maintaining confidentiality and always protecting sensitive data. Possess exceptional interpersonal skills, communication skills, problem-solving abilities, team collaboration skills, and task management skills. Strives to contribute, acquire, and develop relevant skills while giving attention to details, also aspires to work with innovative and challenging teams to achieve organizational goals and deliver global impact.

**WORK EXPERIENCE**

**Lagoon Hospitals** (October 2021 till date)

**Position:** Staff Nurse (Elderly care Unit)

**Job Role:**

* Assisted with and trained patients on daily living activities, such as hygiene, toileting, and medication management planned social and physical activities to support mental well-being.
* Maintained physical strength to lift patients and conduct long hours of physical exertion.
* Delivered care plan based on individual client needs, incorporating hobbies and interests.
* Proactively encouraged clients to maintain a healthy diet when creating shopping lists and planning meals.
* Monitor residents’ vital signs.
* Administered prescribed medication according to doctor specifications.
* Cared for clients with physical, emotional, or cognitive impairments, including dementia and stroke patients.
* Handled accidents and emergencies with excellent judgment, liaising with doctors and emergency services as required.
* Increased client’s well-being by planning exciting activities, engaging in friendly conversations and providing attentive support.
* Used hoists and other aids to assist with client mobility needs, including lifting, standing, and transporting.
* Kept track of health and behaviour progress, recording assessments for medical review.
* Monitor seniors for signs of elder abuse
* Charged with educating patients and caretakers on coping skills to handle age-related conditions.
* Maintained accurate client care documentation and reported issues as appropriate.

**Utopia Health Care** (August 2021 to Oct. 2021)

**Position:** Clinical Nurse Educator.

**Job Roles:**

* Trained 75 Carers.
* Planned client course of care in accordance with specific needs
* Allocated carers to the client’s Home.
* Paid visit to client’s home for proper assessment of quality of care
* gave appropriate advice for improvement of plan of care.
* Contributed educational and clinical expertise to help optimize training courses and boost student learning.
* Strived to continuously update course strategies and content based on current trends and technological advancements in healthcare.
* Assessed student knowledge levels and abilities with detailed assessments.
* Liaised with medical and nursing personnel to evaluate and improve teaching and Elderly care practices.
* Coached underperforming students to help meet clinical objectives.
* Helped programs improve outreach efforts and results with fresh designs for educational materials and visual aids.

**Boye Nursing Home.** (Jan 2019 to July 2021)

**Position:** Registered Nurse.

**Job Role:**

* Assisted patients with mobility impairments, verifying individual comfort and satisfaction and addressing issues detected.
* Promoted independence and self-esteem by allowing patients to complete specific personal tasks alone.
* Facilitated patient relationships with family and friends with video and phone calls and emails.
* Observed and monitored patients' physical well-being and reported changes to senior staff members, recording health conditions for reference.
* Administered medication skillfully and suggested strategies for remembering dosages.
* Actively listened to patients' complaints and feedback, actioning improvements to continuously elevate the quality of care.
* Provided social support and companionship to patients by spending time with them.
* Employed excellent perception and tact to assist patients with personal care needs.
* Reported suspected issues to management for investigation, using findings to drive quality of care.
* Read, understood, and observed individual care plans and ran risk assessments at patient domiciles, isolating and securing dangerous items or conditions.
* Inspected living facilities to verify no security risks or potential hazards existed, offering solutions to identified issues.
* Kept records of patient health and condition, treatment administered, and medications issued and shared information with medical specialists for recovery monitoring and review.
* Ascertained skill and knowledge gaps in domiciliary care and arranged training sessions to fix identified shortcomings.
* Informed patients of care and treatment options available and offered advice to help charges make knowledgeable decisions, adding value to clients' experience.
* Understood and followed health and safety regulations for caring for patients, accessing confidential information, and storing medical records for compliance reasons.
* Assisted patients with eating and drinking.

**KISH CLINIC AND MATERNITY CENTER**(March 2018 To December 2018)

**Position:** Nursing Officer.

**Job Role:**

* Assessed patients to determine individual needs and develop care plans in coordination with multidisciplinary healthcare professionals, including physicians, case managers, and social workers.
* Assisted patients in performing routine recovery and mobility exercises, providing support when getting in and out of bed, and walking and stretching.
* Documented nursing services provided and uploaded to comprehensive tracking systems for health records and billing.
* Prepared and sanitized rooms before surgical procedures and assist surgeons during operations with medical equipment.
* Identified and assisted with opportunities for performance improvement activities on the unit and with other service areas.
* Came up with treatment plans and communicated with patients about options, medications, and self-management.

**QUALITIES /SKILLS**

* Knowledge of the aging process and disease progression
* Ability to recognize verbal and nonverbal communication cues
* Compassion
* Patience
* Strong leadership and team collaboration skills, working closely with team members to achieve goals.
* Adaptability and Work under Pressure while maintaining a positive attitude and providing the necessary support to Seniors and/or families.
* Detailed Oriented, Critical and Meticulous Thinking.
* Solid, persuasive, and genuine communication, facilitation, and relationship-building skills.
* Exceptional ability to establish and work to prioritize while managing multiple work streams.
* Computer Literate.
* Knowledge of aseptic and sterile technique
* Knowledge of health and safety guidelines and procedures and awareness about the primary precautions to be taken in emergency cases.

**NMC STATUS**

IELTS; Listening; 8.0, Reading; 7.5, Speaking; 7.0, Writing; 6.5

CBT; Passed both numeracy and clinical (11-09-2022).

**EDUCATION**

**The Ladoke Akintola University of Technology, Ogbomosho (**2018 – 2021)

Bachelor of Nursing Science (BNSc)

**Kwara State College of Nursing, Okeode (**2014– 2017)

General Nursing (RN)

**CERTIFICATION**

Registered Nurse 2017 Bachelor of Nursing Science 2021

**COURSES**

• **RN**

 Nursing And Midwifery Council of Nigeria.

• **Basic Life Support**

 American Heart Association.

• **Basic Life Support**

 National Health Care Provider Solutions.

• **Advanced Cardiac Life Support**

 National Health Care Provider Solutions.

• **Infection prevention and control**

 World Health Organization.

• **Good Clinical Practice (100%)**

 The Global Health Network.

• **covid19 Preparedness and community awareness**

 World Health Organization.

**REFERENCE**

Available on Request.