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 **CURRICULUM VITAE FOR kelly tanyaradzwa mandigo**

 **HEALTH CARE ASSISTANT/ DOMICILIARY WORKER/ SOCIAL SUPPORT CARE WORKER**

**PROFFESSIONAL BRIEF:**

I am a woman with hands on working experience as a Health Care Assistant/Domiciliary worker/Social support Care worker, taking Care of Elderly individuals with Special needs and disabilities. I am a reliable, competent, compassionate, highly self-motivated and qualified Support Care worker and Health Care Assistant with professional experience, working mainly in Hospitals and Care homes settings with adults with Special needs. I take pride in maintaining patient privacy and treating every individual with dignity, offering emotional and physical support in addition to medical advice and practical care, dedication to patient comfort and safety. I duly promise to be a good asset to any organization that may have interest in me.

**OBJECTIVE:**

Seeking a Challenging position as a Health Care Assistant, Domiciliary worker or Social Support Care worker within an organization which provides health care and support services to individuals with Special needs adults and children and to realize my full potential in the practical field as supported by the following attributes:

* I thrive on discipline and respect in rendering an excellent service to the client.
* Very patient with Elderly individuals during activities.
* Cheerful and Critical thinker who responds quickly to situations.
* Ability to handle pressure and achieve results in busy environments.
* A team Player with, strong administrative and supervisory skills.
* Well-developed interpersonal skills and openness to learning from others in a team environment.

**Organization: MICHAEL GELFAND NURSING SERVICES**

## Position: DOMICILIARY CARE WORKER

## Period: 01/02/2021 to 31/10/22

* Responsible for undertaking personal care duties as required and described in the company SOP.
* Day to Day household tasks such as laundry, ironing, cooking, shopping and managing her diary of doctor’s appointments.
* Assisted Patients with Bathing, Bed Bathing, Grooming and oral care.
* Took vital Signs e.g. Blood pressure, Temperature, Pulse, Weight, Respirations and recording them on patient’s charts.
* Checked blood glucose levels on patient.
* Administering prescribed medication to my client.
* Help feeding the elderly client I was supporting
* Preparing food for my client
* Monitoring the intake and output of fluids and recording them on intake and output charts
* Help the client to mobilize and go out for a walk in a wheelchair.
* Changing of diapers as per rising need.
* Infection control.
* Bed making, damp dusting.
* Provided basic counseling to client and relatives.

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## Organization: WESTGATE

## Position: SOCIAL SUPPORT CARE WORKER

## period: 01/11/2022 to DATE

CORE DUTIES AND RESPONSIBILITIES:

* Assisting the client with day to day activities such as cooking laundry general cleanness of the house.
* Monitoring, recording and reporting any changes to her general health and behavior.
* Grooming and oral care assisting in bathing and changing of diapers as per rising need.
* Ensuring that prescribed medication has been taken correctly and on time.
* Took vital Signs e.g. Blood pressure, Temperature, Pulse, Weight, Respirations, Glucose level and recording them on patient’s charts.
* Assisting in feeding the client.
* Infection control, damp dusting, and bed making .
* Helping with shopping and managing her diary for doctors scheduled appointments.
* Helping her to mobilize and go out for a walk
* Feeding her pet and grooming it

**SKILLS AND ABILITIES:**

* Leadership
* Behavior management
* Creativity
* Communication
* Teamwork
* Problem solving
* Microsoft Office Computing
* Knows how to give First Aide.
* Knows how to use and operate an Automated Defibrillator(AED )
* Know s how to handle and treat an individual who is choking
* Knows how to give effective CPR

## PROFFESSIONAL QUALIFICATION

## ST john ASSOCIATION of zimbabwe

* Community Based Health Care
* Advanced First Aid
* Nurse Aide Course

## CURRENT HOLDER:

* IELTS UKVI General Band Score 6.0
* Valid TB test
* Valid Police Clearance
* COVID 19 Vaccinated
* Valid Passport
* Driver’s license

**HOBBIES:**

Cooking

Traveling

Visit

**CAREER GAPS:** NO GAPS

**AVAILABILITY:** Available immediately and willing to work flexibly as role demands.

**DECLARATION:**

I Kelly Tanyaradzwa Mandigo do hereby declare that the above mentioned information is true to the best of my knowledge and belief.

 Date: 30/11/2022

**REFERENCES**: AVAILABLE UPON REQUEST