**Adele Latifah Omotayo**

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\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **PROFILE \_\_\_\_\_**

I am a compassionate and service-oriented healthcare assistant with practical experience and success in carer roles. Typically, I work to improve overall patients' well-being through empathetic, person-centered care while giving precedence to their safety, integrity and making decisions in their best interests. In addition, I undertake ranges of clinical support functions and participate in continuous quality improvement initiatives to enhance the quality of care services I deliver. I stay committed to further developing my abilities and enhancing knowledge of emerging healthcare trends. Having successfully cared for the elderly, children/young adults, mentally unstable, and differently-abled persons, I look forward to gaining more experience, while utilising my scope of knowledge and expertise to become an asset also at your company.

**CORE COMPETENCIES**

| Infection prevention and control | Basic Life Support | Excellent communication skills | Excellent knowledge of Data Protection Act (1998) | Knowledge in Essence of Care Report (2010) | Advocacy Services | First Aid | Food Hygiene and Nutritive Care | ADHD and Autism care | Record-Keeping | Ms Office | Personal Care | Oral toileting | Housekeeping | Meal Preparation | Dementia care | Patient handling and positioning | Cultivation of Productive Relationships | Excellent knowledge of Safeguarding | Empathy | Patient Confidentiality | Geriatric care | Decision Making. | Good knowledge of the Mental Capacity Act | Health and safety |

**EDUCATIONAL HISTORY**    **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Tai Solarin University of Education 2019**

**Bachelor of Education, Religious Studies**

**PROFESSIONAL DEVELOPMENT TRAINING/ CERTIFICATIONS \_\_**

**Bliss Caregivers Jan - June 2022**

**Florence Academy (Online) Jul 2022**

Core Communication Skills | Covid 19 | Dementia Level 1 | Duty of care | Equality and Diversity | First Aid | Fluids and Nutrition Training | Food Hygiene | Health and Safety | Infection Control | Life Support | Manual Handling | Mental Capacity Act | Record-Keeping | Safeguarding Adults | Safeguarding Children | Understanding your Role| Understanding Learning Disabilities and Autism | Spectrum Disorder | Building Mental Health Resilience | End of life care | Oral health and dysphagia | Care support workers.

**PROFESSIONAL EXPERIENCE \_\_\_\_\_\_\_\_\_\_**

**Winiseph Care Home Lagos, Nigeria**

**Healthcare Assistant Aug 2022 – Current**

* Administering and monitoring prescription and medicine intake which led to quick recovery of the patients.
* Assisting patients with bathing, dressing, oral and nail care, hair grooming as well as toileting which encouraged a good daily personal hygiene.
* Observing, measuring, recording and reporting the status and change in patient’s vital signs such as blood pressure, temperature, weight, and blood sugar levels.
* Feeding patients and observing any change in nutritional status and this ensures adequate nourishment.
* Make beds and change soiled bed sheets; this provided a neat and clean environment for the patients.
* Assisting patients with mobility, standing, and physical activities.
* Reporting broken or spoilt equipment immediately to the manager, this promoted efficient maintenance structure.
* Contributing significantly to a team of medical specialists which increased positive feedback by 70%.
* Promotes confidentiality by keeping patients’ sensitive information private and restricting unauthorised access to residents’ information
* Prioritises residents' physical, emotional, cultural, and social needs using a person-centered approach to achieve overall wellness of the residents.
* Observe and promote residents' choice, independence, dignity, privacy, fulfillment, and other rights.
* Develop and maintain professional relationship with residents, their family and friends and other stakeholders to promote care home general efficiency.
* Adheres to all regulatory and statutory obligations, Winiseph care's policies, procedures and guidelines.

**The Bliss Care Givers. Lagos, Nigeria**

**Healthcare Assistant in Training Jan - Jul 2022**

* Worked with assigned nurses to achieve and maintain a perfect hygienic environment.
* Assisted in resident’s care at every stage of illness in compliance with the standard medical care operation’s procedure.
* Assisted with the administration of prescribed medications at the appropriate time for compliance and wellbeing of residents.
* Built resident’s hope through reassurance, communicating internally (with residents) and externally (with resident’s relatives).
* Carried out washing, dressing, feeding and mobility assistance for residents with the supervision of a nurse.
* Engaged residents to ensure they are comfortable and their needs are being met in accordance with the care home guidelines.

**The Primary Health Center. Ogun State, Nigeria Volunteer Care Worker Aug - Dec 2021**

* Check care users’ pulse, temperature, and respiration to ensure adequate care delivery.
* Maintains tidiness with due consideration to health and safety standards and infection control policy.
* Maintain strict confidentiality of service users' information and protected their interest at all times.
* Helping with clients’ physical and mental activities such as taking them out for a walk, reading to them, assistance with hobbies and recreation activities.
* Provide first aid in compliance with health and safety standards.
* Provided high standards of care for elderly patients with a focus on everyday care and personal hygiene.
* Maintained a clean and well organized environment to foster patient safety and engender good spirit.
* Effectively collaborated with nurses and supervisors to adequately ensure that the overall objective of improving patient’s welfare is met.
* Handling specimen and clinical waste correctly and ensuring accurate decontamination policies

**Live-in carer for a teenager with Autism Nov 2019 - Jul 2021**

* Demonstrates consistent respect and privacy for care user. Maintaining dignity irrespective of circumstance.
* Implemented autistic learning strategies while building rapport and helping user increase comprehension ability
* Aides service user in everyday activities such as washing and dressing. Ensuring constant safety and effective care.
* Chart daily observations and new developments to aid continued user assessment.
* Assists in Improving service user's daily life through compassionate conversation, empathetic care and community socialization.

**VOLUNTEER EXPERIENCE \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**The Truth Initiative Ogun State, Nigeria.**

**Volunteer Counsellor Sept 2021 - Present**

● Sensitization of high school students on the association's goals and its relevance in societal development

● Weekly free training/empowerment program on sex education, STIs, self worth, and entrepreneurial skills.

● Awarding of scholarships and other gifts to outstanding students.

● Monthly "Gift a Pad” project to provide sanitary pad to girls between the ages of 9 – 16 years.

\_\_\_\_\_\_\_ **TECHNICAL SKILLS/ PERSONAL ATTRIBUTES**

* + Proficiency in written and spoken English Language
  + Strong team management, organizational skills, and proven leadership grace
  + Problem-solving, innovative and creative thinking with high retention and quick learning ability
  + Excellent public speaking, communication, and interpersonal skills
  + Honesty, diligence, self-reliance and a strong commitment to work.